

# Take the Next Steps on your Jewish Journey

Explore Jewish Beliefs & Practices

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Learn a New Synagogue Skill

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Study Jewish Texts & History

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Celebrate Learning

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Grow as a Jew

**Congregation Beth El**  
**Preserving Tradition...Embracing Change**

## Program Description

This year-long program is for those who are actively seeking the next step in their Jewish journey, both practical and spiritual. The diverse, in-depth curriculum will include training for those wishing to celebrate Adult B'nai Mitzvah.

For those who have already celebrated B'nai Mitzvah, this course will also provide the "next steps" to enable you to learn new synagogue skills, adopt the practice of additional mitzvot or learn more about Jewish law, as well as conversations that allow us to explore Jewish beliefs and practices.

Rabbi Roston, Cantor Fine, Sherri Morris and Rabbinic Intern Micah Liben will be your teachers and guides on this journey.

We will conclude our year of study with a joyous Shabbat celebration on December 18, 2010 which will provide us the opportunity to share our newly acquired skills & learning! In order to actively participate in this concluding service, you need to attend a minimum number of classes in specific areas, but we also encourage others to drop in for as many sessions as desired.

## Goals

- To encourage and guide each participant's personal growth as they deepen their connection to Judaism.
- To provide each participant with the opportunity to acquire and demonstrate a new skill such as Torah or Haftarah trope, basic prayer fluency, being a prayer leader, taking a Torah aliyah, learning Birkat HaMazon, D'var Torah writing or increasing their level of Hebrew fluency.
- To increase participants understanding of mitzvot, prayer, rabbinic literature, Jewish law and Israel.
- To give participants a vocabulary to articulate what it means to be a Conservative Jew and take pride in their identity.
- To coordinate & implement a Class Mitzvah Project as decided upon by the participants.
- To develop a community of learners that has a shared common goal of furthering their Jewish literacy.

We hope that you will join us in this exciting journey!

**Please reserve your spot by contacting Sherri Morris at 973-763-0119 or [smorris@bethelnj.org](mailto:smorris@bethelnj.org) by December 18.**

## **Thursday Evenings, 7:30pm - 9:30pm Beginning January 7, 2010**

January 7, 14, 21, 28; February 11

Standing at Sinai: Mitzvot & Spirituality with Rabbi Roston

February 25

Special Study Session with Mentors

March 4, 11

Understanding Personal Prayer with Cantor Fine

March 18, 25; April 8, April 22

Practical Mitzvot with Micah Liben

April 29; May 6

Encountering God Through Text with Micah Liben

May 13

Special Study Session on Shavuot

May 18

Tikkun Leil Shavuot

May 19

Shavuot Services & Siyyum Celebration of Year One's Study

October 7, 14

Modern Topics in Jewish Law with Rabbi Roston

October 21, 28

The Holocaust & The State of Israel: Our History and Our Identity

November 4, 11

Tikkun Olam: To Be a Light to the Nations with Sherri Morris

November 18; Dec 2, 9, 16

Putting It All Together & Preparing for Next Steps Shabbat

December 18

Next Steps Shabbat & Siyyum Celebration

Congregation Beth El is an inclusive, Egalitarian  
Conservative  
synagogue serving Essex, Union and Morris counties.  
It is a remarkable community that we are all blessed to call  
our spiritual home.  
We hope you'll explore the many offerings in this brochure  
and let us guide you on your Jewish journey.

**Rabbi Francine Roston • Cantor Perry Fine  
Rabbi Emeritus Jehiel Orenstein**

Sherri Morris, Director of Congregational Learning  
Sandy Sachs, Director, Thelma K. Reisman Preschool  
Stuart Skolnick, Executive Director • Karen Frank, Congregational Nurse  
Micah Liben, Rabbinic Intern • Yael Buechler, Program Coordinator

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222 Irvington Ave., South Orange, NJ • 973-763-0111 • [www.bethelnj.org](http://www.bethelnj.org)